



Praise What Happens

Praise and worship are an essential preparation for meditation and prayer. They bring you into God's presence where you feel His peace and can hear what the Spirit is speaking; but more importantly it declares who God is as the One who answers our asking.

Scripture Examples of what happens when you praise.

Read through the list first. Ask the Holy Spirit to help you select a portion for praise. Look it up, use the principle in praise, pray out the insight.

WHAT happens through praise?

PRAISE:

- **ministers to God** as we, His priests show forth His praise, 1 Peter 2:5,9, Romans 12:1
- brings us into **God's presence**, Psalm 100:2, Psalm 22:3
- brings us into **unity** with worship in heaven, Revelation 4:8,11
- **convicts of sin**, brings confession, commitment, calling, Isaiah 6:1-9, Psalm 90:8b
- **gives revelation** of God, Psalm 100:3 "Know that the LORD, He is God." (experiential knowledge) (invitation to know Jehovah/LORD, Elohim (Trinity), Creator, King, Shepherd in the context of worship. (full teaching in Psalm 100, Basic Lesson 1, Praise and Worship)
- **silences** the voice of the enemy, Psalm 8:2; Matthew 21:16
- **causes the enemy to flee**, Psalm 68:1-2, 1 Samuel 16:18,23 (David's harp), Psalm 97:3-5
- **God sends ambushes** on the enemy, 2 Chronicles 20:21-23
- **breaks the defenses** of the enemy, Joshua 6:16,20 (walls of Jericho)
- **exercises authority** over the enemy, a restraint, Psalm 148:13-14 , Psalm 149:6,8-9
- **sets captives free**, saves souls, Acts 16:25-34
- El Gibbor, Mighty Champion **fights as you praise, worship**, Isaiah 42:10-12
You do not fight; you praise and adore God. Praise is a place of protection.
- **thanksgiving (praise) after prayer releases faith and peace**, Philippians 4:6,7

- brings control over your thoughts and emotions, Psalm 42:5-6, Psalm 77:10-15
- brings blessings and the fear of the Lord, Psalm 67:3-7
- brings calm even to the raging sea and to the tumult of the people, Psalm 65:7
- drives out a spirit of heaviness, Isaiah 61:3
- is the catalyst to bring change, as “Sing to your barrenness...” Isaiah 54:1

Here is an example of the application for Isaiah 54:1, “Sing to your barrenness...”

In context, Isaiah 53 talks about the atoning work of the cross and the next chapter, verse 1 says: “Sing, O barren One!” meaning if you are barren, fruitless, now because of the cross and the blessings won for you on the cross, you do not have to stay this way. Use the insights for praise and prayer.

The Names of God used in Isaiah 54 are Maker, Redeemer, Holy One of Israel, God of the whole earth, Jehovah. **Each of these names of God is a prayer based on the promises of Who He is and is a praise.**

Application – Look up one or several of the scriptures, use in context for praise and worship in personal devotion or with your prayer group.

